

Hartley Drive YMCA 2009 Summer Sports Camps

Camps	Dates of Camps	Time of Camps	Cost of Camps	Registration Dates	Camp Description
Volleyball Ages 6-14	June 22-26	9:00am-12:30pm	\$65 members \$95 non-members	January 15 - June 21	USAV's Chuck McCracken teaches volleyball skills development and fundamentals.
*Tennis Camp Ages 5-14	1-June 22-26 2-July 20-24 3-August 3-7	9:00am-12:30pm	\$65 members \$95 non-members	January 15 - June 21 January 15 – July 19 January 15 – August 2	This camp will place emphasis on skills development and fundamentals of tennis.
Cheerleading/ Dance Camp Ages 5-13	1-June 22-26 2-July 20-24 3-August 3-7	9:00am-12:00pm	\$65 members \$95 non-members	January 15 - June 21 January 15 – July 19 January 15 – August 2	This camp will focus on teamwork, strength, flexibility, jumps, cheers (pom poms), tumbling, and dance.
Basketball Camp Ages 6-14	July 6-10	9:00am-12:30pm	\$65 members \$95 non-members	January 15 – July 5	This camp will teach the basics and fundamentals of basketball.
Girls on the Run Ages 3 rd -5 th Graders	July 6-10	9:00am-12:00pm	\$65 members \$95 non-members	January 15 – July 5	This exceptional learning program combining training for 3.1 mile run with workouts that encourage emotional, social, mental, spiritual, and physical development.
Flag Football Camp Ages 6-13	July 13 - 17	9:00am-12:30pm	\$65 members \$95 non-members	January 15 – July 12	This new camp will teach rules, teamwork, techniques, and skills of football in a non-contact setting.
Lacrosse Camp Ages 6-14	July 13 – 17	9:00am-12:30pm	\$65 members \$95 non-members	January 15 – July 12	This camp will teach the basics and fundamentals of Lacrosse.
Arts and Crafts Camp Ages 7-13	1-July 13 – 17 2-July 27 - 31	9:00am-12:00pm	\$65 members \$95 non-members	January 15 – July 12 January 15 – July 26	This camp will teach painting, sewing, building, and sculpting. The purpose will be to create various projects using creativity and imagination.
Soccer Camp Ages 6-14	July 20-24	9:00am-12:30pm	\$65 members \$95 non-members	January 15 – July 23	This camp will teach the basics and fundamentals of Soccer.
Dreams in Motion Basketball Camp Ages 7-14	July 27 - 31	M-Thu 9:00am-4:00pm Fri 9:00am-12:00pm	\$125 members \$150 non-members	January 15 – July 26	Former Wake Forest and NBA player Delaney Rudd hosts this camp to teach all aspects of basketball.
All-Sports Camp Ages 6-14	August 3-7	9:00am-12:30pm	\$65 members \$95 non-members	January 15 – August 2	This camp will highlight a different sport each day. Sports include: Basketball, Volleyball, Soccer, and Football.

***This camp will be held at High Point Central High School.**

Camps have limited space and are based on a first come, first serve basis.

Please contact Kevin Swider at 336-869-0151 or kswider@hpymca.org with any questions.

