

Gym and Swim

1 hour sports, 30 minute swim lessons, and 30 minutes free swim!



Wednesdays
10:00 am-12:00 noon

Great for Homeschoolers
Ages 4 to 12

Session Days:

September 28th-October 19th (Soccer)

October 26th- November 16th (Basketball)

November 30th- December 21st (Arts and Crafts)

January 4th to January 25th (Kickball/Mattball)

February 1st- February 22nd (Speed/Agility)

February 29th-March 21st (Volleyball)

March 28th-April 18th (Softball/Baseball)

Cost is \$20 for members and \$40 for non-members per session.

Bring your gym clothes, swimsuit, towel, and come ready to have fun!

Gym and Swim Program

Participant's Name _____ Age _____ Date of Birth _____

Phone: _____ E-mail _____

Parent's Name _____ Parent's Date of Birth _____

Address: _____ City _____ State _____

Zip _____ Ethnicity: _____

Please register me for: Session : _____ Time / Date: _____

I, the undersigned, acknowledge, agree, and represent that I have inspected and carefully considered the facilities and programs. I understand that even when every reasonable precaution is taken, accidents can happen. As a condition to participation by me or my children in YMCA activities, on my behalf and on behalf of my children, I waive and release any claims for loss or injury incurred or suffered which I or my children might make against the YMCA, its sponsors, officers, employees, volunteers, or contractors as a result of participating in YMCA activities or using its facilities. I further agree to indemnify the YMCA against and hold it harmless from loss incurred as a result of claims against it based upon alleged actions or omissions by my children or me. I have read this authorization, waiver, and release, understand it, and am voluntarily signing it.

Signature (Parent or Guardian if under 18) _____ Date _____