



YMCA of Greater High Point

Membership Application—Carl & Linda Grubb Branch

F I R S T A D U L T	Date		Title	First Name		MI	Last Name																																																																																																	
	Mailing Address						Membership Types: <input type="checkbox"/> Youth (18 & younger) <input type="checkbox"/> Adult (19 & up) <input type="checkbox"/> Family <input type="checkbox"/> Senior Adult (60 & up) <input type="checkbox"/> Senior Adult Couple (one over 60) <input type="checkbox"/> Silver Sneakers <input type="checkbox"/> Prime <input type="checkbox"/> Triad <input type="checkbox"/> Association																																																																																																	
	City		State	Zip																																																																																																				
	Phone		E-Mail																																																																																																					
	Birth Date		Gender <input type="checkbox"/> Male <input type="checkbox"/> Female		Marital Status <input type="checkbox"/> Married <input type="checkbox"/> Single <input type="checkbox"/> Divorced <input type="checkbox"/> Widowed																																																																																																			
	Emergency Contact Name, Phone Number, and Relation (outside the household)																																																																																																							
E M P L O Y E R	I qualify for a corporate discount <input type="checkbox"/> Yes <input type="checkbox"/> No <i>(if yes, MUST complete company information)</i>			Company Name			The YMCA is committed to serving people of all ages, races, religions, and economic levels. By answering the following questions, you will help us meet this goal. The information is confidential and will not be used for any other purpose. PLEASE CHECK AREAS OF INTEREST: <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">Self</th> <th style="text-align: center;">Spouse</th> <th style="text-align: center;">Children</th> <th style="text-align: center;">Volunteer</th> </tr> </thead> <tbody> <tr><td>Aquatics</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Aerobics /Group Exercise</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Cycling</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Strength Training</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Sports</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Summer Camp</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Resident Camp</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Child Care</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Coaching</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Parent/Child Programs</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Teen Activities</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Senior Programs</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Social Activities</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Family Recreation</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Volunteerism</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Fundraising</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Board Member</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Other</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> </tbody> </table>				Self	Spouse	Children	Volunteer	Aquatics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Aerobics /Group Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Cycling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Strength Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Summer Camp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Resident Camp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Child Care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Coaching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Parent/Child Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Teen Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Senior Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Social Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Family Recreation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Volunteerism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Fundraising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Board Member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
		Self	Spouse	Children	Volunteer																																																																																																			
	Aquatics	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																			
	Aerobics /Group Exercise	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																			
Cycling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Strength Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Sports	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Summer Camp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Resident Camp	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Child Care	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Coaching	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Parent/Child Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Teen Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Senior Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Social Activities	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Family Recreation	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Volunteerism	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Fundraising	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Board Member	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Other	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Street Address		City		State	Zip																																																																																																			
Job Title		Phone	E-Mail																																																																																																					
S P O U S E	First Name		MI	Last Name		Ethnic Origin <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th></th> <th style="text-align: center;">1st Adult</th> <th style="text-align: center;">2nd Adult</th> <th style="text-align: center;">Dependents</th> </tr> </thead> <tbody> <tr><td>African American</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Asian</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Multi-Racial</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Caucasian</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Hispanic</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> <tr><td>Native American</td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;"><input type="checkbox"/></td></tr> </tbody> </table>				1st Adult	2nd Adult	Dependents	African American	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Asian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Multi-Racial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Caucasian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Hispanic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Native American	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																				
		1st Adult	2nd Adult	Dependents																																																																																																				
	African American	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
	Asian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																				
Multi-Racial	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																					
Caucasian	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																					
Hispanic	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																					
Native American	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>																																																																																																					
Birth Date		Gender <input type="checkbox"/> Male <input type="checkbox"/> Female		Company Name																																																																																																				
Company Address			Company Phone																																																																																																					
Job Title		E-Mail																																																																																																						
How did you hear about the YMCA? <input type="checkbox"/> Radio <input type="checkbox"/> Television <input type="checkbox"/> Billboard <input type="checkbox"/> Yellow Pages <input type="checkbox"/> Newspaper <input type="checkbox"/> Magazine <input type="checkbox"/> Member <input type="checkbox"/> Drive By/Live in Area <input type="checkbox"/> Work Place <input type="checkbox"/> YMCA <input type="checkbox"/> Former Member <input type="checkbox"/> E-Mail <input type="checkbox"/> Family / Friend <input type="checkbox"/> Direct Mail																																																																																																								
D E P E N D E N T S	First Name		MI	Last Name		Birth Date	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	School																																																																																																
	First Name		MI	Last Name		Birth Date	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	School																																																																																																
	First Name		MI	Last Name		Birth Date	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	School																																																																																																
	First Name		MI	Last Name		Birth Date	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	School																																																																																																
	First Name		MI	Last Name		Birth Date	Gender <input type="checkbox"/> Male <input type="checkbox"/> Female	School																																																																																																
YMCA Unit ID Number			Membership Type			Payment Method <input type="checkbox"/> Bank Draft <input type="checkbox"/> Credit Card <input type="checkbox"/> Annual Pay		Initial Payment Method <input type="checkbox"/> Credit Card <input type="checkbox"/> Check <input type="checkbox"/> Cash		Monthly Dues Date of Draft/CC Payment (circle one) 2nd 16th																																																																																														
YMCA Membership Card Number			Expiration Date			Payment (Receipt) Number		Monthly Amount \$ _____																																																																																																
Branch			YMCA Staff Member																																																																																																					



Financial Assistance may be available to those who qualify.

Waiver

I am an adult over 18 years of age and wish to participate in YMCA of Greater High Point (the “YMCA”) membership/program activities, and if included on membership wish my children or legal wards to participate and give them permission to participate in the YMCA activities. As used in this Agreement “children” shall include legal wards and “parent” shall include legal guardian(s). As a condition to being permitted to utilize the facilities, services, and programs of the YMCA for any purpose, including but not limited to observation or use of the facilities or equipment, or participation in any off-site program affiliated with the YMCA, I, the undersigned, acknowledge, agree, and represent that I have inspected and carefully considered the facilities and programs. I understand that even when every reasonable precaution is taken, accidents can happen. As a condition to participation by me or my children in YMCA activities, on my behalf and on behalf of my children, I waive and release any claims for loss or injury incurred or suffered which I or my children might make against the YMCA, its sponsors, officers, employees, volunteers, or contractors as a result of participating in YMCA activities or using its facilities. I further agree to indemnify the YMCA against and hold it harmless from loss incurred as a result of claims against it based upon alleged actions or omissions by my children or me. I have read this authorization, waiver, and release, understand it, and am voluntarily signing it.

I understand that the YMCA of Greater High Point is not responsible for personal property lost, damaged, or stolen while members and / or program participants are using YMCA facilities, on YMCA premises, or involved in YMCA programs.

I give my permission to the YMCA of Greater High Point to use without limitation or obligation, photographs, film footage, or tape recordings, which may include my or my children’s image or voice for the purposes of promotion or interpreting YMCA programs.

Membership Agreement

If my membership dues are paid through Credit Card draft or Electronic Funds Transfer, I understand this is a continuous membership plan. This membership will remain in effect for as long as I retain the membership card issued to me. Membership cards are the property of the YMCA and must be surrendered upon demand.

It is my complete understanding that if I wish to terminate or change my membership in any way, I must give the YMCA a 30 day written notice.

I understand it is my responsibility to check my bank statement and report any YMCA billing discrepancies within 30 days of the date of the bank statement. After 30 days there will be no refund.

All membership rates are subject to change with 30 days written notice. I understand it is my responsibility to notify the YMCA in writing of any change in address, bank account information (if utilizing bank draft for payment of dues) or credit card information / expiration date (if utilizing credit card for payment of dues).

The Joining Fee is a one-time fee as long as you remain an active member of the YMCA of Greater High Point. If you choose to cancel or discontinue your membership for more than 30 days, a Joining Fee will be charged when you reapply for membership.

I acknowledge the waiver and membership Code of Conduct set forth, and being in sympathy with the Mission Statement of the YMCA of Greater High Point, hereby apply for membership.

All adults over 18 on membership must sign and date:

Print Name _____
Signature _____ Date _____
Print Name _____
Signature _____ Date _____

YMCA of High Point Member/Participant Code of Conduct

The YMCA is committed to providing a safe and welcoming environment for all members, guests and participants. To promote safety and comfort for all, all individuals are asked to act appropriately at all times when in our facility or participating in our programs.

We expect persons using the YMCA to act maturely, to behave responsibly, and to respect the rights and dignity of others. Our Member/Participant Code of Conduct outlines prohibited action, but the actions listed below are *not an all-inclusive list of behaviors considered inappropriate in our facilities or programs.*

Using or possessing alcohol or illegal chemicals on YMCA property, in YMCA vehicles, or at YMCA-sponsored programs

Smoking on YMCA property – the YMCA and its property is a smoke-free environment

Carrying or concealing a weapon or any device or object that may be used as a weapon

Harassment or intimidation by words, gestures, body language, or any type of menacing behavior

Physical contact with another person in an angry, aggressive, or threatening way

Verbally abusive behavior, including angry or vulgar language, swearing, name-calling, or shouting

Sexually explicit conversation or behavior; any sexual contact with another person

Inappropriate, immodest, or sexually revealing attire

Theft or behavior that results in the destruction or loss of property

Loitering within or on the grounds of the YMCA

In addition, The YMCA reserves the right to deny access, participation or membership to any person who has been accused or convicted of any crime involving sexual abuse, is or has been a registered sex offender, has ever been convicted of any offense relating to the use, sale, possession, or transportation of narcotics or habit forming and/or dangerous drugs, or is presently or habitually under the influence of dangerous drugs or chemicals, narcotics, or intoxicating beverages per the membership policy of the YMCA of High Point..

Members, guests and participants are encouraged to take responsibility for their personal comfort and safety by asking any person whose behavior threatens their comfort to refrain from such behavior. Anyone who feels uncomfortable in confronting a person directly should report the behavior to a staff person or the Building Supervisor on duty.

YMCA staff members are eager to be of assistance. Members, guests and participants should not hesitate to notify a staff member if assistance is needed.

In order to be able to carry out these policies, we ask that members, guests and participants identify themselves to staff when asked.

The Branch Executive will investigate all reported incidents. Suspension or termination of YMCA membership, access or participation privileges may result from a determination by the Branch Executive if in his/her discretion a violation of the YMCA Member and Participant Code of Conduct has occurred.

Association Board approved: May 27, 2008

YMCA Guest Policies

Carl & Linda Grubb Family YMCA
YMCA Fees and Guest Policy

General Guest Policy:

Each Unit (excluding Youth memberships) has 3 visiting guest passes per calendar year. Only adults on any unit may bring a guest.

Visiting Guest (Non-YMCA Member)

Please Note: All visiting guests must be accompanied by a current adult member of the Carl & Linda Grubb Family YMCA at all times.

Guest Residing Inside Service Area

1. Adult (14 and older) \$15.00 per day; \$75.00 per week
2. Child (13 and under, no nursery) \$10.00 per day; \$50.00 per week
3. Child in Child Watch \$2.00 per visit

Guest residing outside Service Area

Three free visits per year with any visit after, appropriate guest fees apply.

Carl & Linda Grubb Family YMCA Full Member visiting another Branch of the YMCA of Greater High Point

\$3.00 per visit/day

Please Note: A Grubb Family YMCA member may not use a guest pass for him/herself to visit another Branch.

Member Away Program:

* Outside 50 miles no charge, inside 50 miles \$5.00 per visit.

Chili's Night

The Second Wednesday of every month is Chili's Night! Eat at the Chili's in High Point from 4pm-11pm. If you write YMCA on bottom of your check, the YMCA will receive 10% of the sale.

East Coast Wings Night

On the first Tuesday of every month eat at East Coast Wings and 10% of your purchase will go to the YMCA!

Kids Night Out

The third Saturday of each month is Kids Night Out from 6:30-9:30pm! This evening of fun includes a pizza dinner, games, arts & crafts and much more.

The cost is \$15 per child for Members and \$25 for Non-Members.



Senior Lunch 'n Learn

Seniors, come in for a pot luck lunch once a month. Bring in your favorite dish and learn something new! Topics could range from learning a new craft to making candy or learning about healthy living.

Personal Training

Fitness Assessment Pricing

Assessment \$15.00



Session Pricing

1 Session - \$20
(1 Person)

1 Session - \$35
(2 People)

5 Sessions - \$90
(1 Person)

5 Sessions - \$115
(2 People)

10 Sessions - \$170
(1 Person)

10 Sessions - \$185
(2 People)

Sometimes it is tough to get out the door to workout. Its that little extra motivation, that little push out the door and somebody to be there with you. Give yourself the opportunity to continue or begin a healthy habit with one of our personal trainers. We have male and female personal trainers who are available and excited to work with you. All personal training sessions are 1 hour in length. The fitness assessment is about 15 minutes in testing time and another 10-15 in consultation.