

Open Indoor Soccer Rules

1. The game will consist of two 25 minute halves, with a 5 minute half time.
2. 6v6 is the rule, but you must have at least 5 players to start a game.
3. Rosters must be finalized by week 2, after this point any additions must be approved by the YMCA. Before the tournament play begins each team will be ask to fill out a roster to be verified against registration forms. If a team uses illegal players they will forfeit the game.
4. Offside will not be called, although hanging around the goal waiting to score is not appreciated.
5. No overtime will be played. In tournament games we will play a 5-minute golden goal overtime. If still tied, we will then go to shoot out.
6. Goalie can throw out only. The ball must hit ground before the half line.
7. Goalie can pick up a ball played back to them. They also can handle the ball as long as one foot is in the goalie box.
8. If the ball hits the track or the basketball goals and/or nets, or scoreboards it will be whistled dead and possession will change.
9. All free kicks are indirect.
10. The referee's calls are final. Anyone arguing with the referee will be asked not to participate.
11. All other common laws of soccer will apply.