

# Sharp Shooters (7-8 Year Olds)

## RULES & REGULATIONS

8 ½ ft. goals and Junior Balls

1. Each game will consist of four eight minute quarters. The game clock will run continually except for time outs and the last two minutes of each game.
2. Each coach will referee his own team along with the coach of the other team. It is recommended that each coach have a parent or assistant coach sit on the bench with the remaining players.
3. Regular basketball rules will apply with the following exceptions:
  - No three second rule
  - No back court violations
  - No pressing at any time
    - Pressing is defined as any type of full court defense or a half court trap.
    - Man to Man defense only.
    - Defensive players can pick up their player at the 3 point line

No player can foul out (players can be taken out for intentional rough play)

  - No overtimes
  - Foul shots will be taken behind the line. A player may cross the line while shooting.
  - Coaches should be lenient in calling, walking, double dribble, etc. However, running with the ball is not acceptable. Also, as the season progresses, coaches should call the games stricter.
  - Man to Man defense only, coaches should match up kids.
  - Stealing will only be allowed of a pass. No stealing from a player that is dribbling.
4. Four time outs will be given per game.
5. Every child should play at least two full quarters and every player shall sit on the bench for at least one full quarter.
6. If a team is leading by 15 points or more, the scoreboard will not increase until the score gets less than 15 points. This is done to keep games as close as possible.
7. No jump balls. The first possession will be given to the team with the least amount of points after the initial free throws. Possessions will then alternate. In the case of a tie in free throws, a coin toss will be used to start the game.
8. Teams must shake hands at the end of each game (includes all coaches).
9. Our goal is ultimately to instruct and have fun!
10. At the beginning of each game, both teams will form a circle at the center of the court and a coach or player may have a prayer.